

# Outer Hebrides ADP

## Principles of Harm Reduction

Our online training attracts attendees from a wide range of sectors and we encourage active participation in our sessions through group discussions and by inviting individuals to offer comments on issues relevant to their role. If you have any concerns about participating within this interactive format please highlight this in the additional needs section of the booking form.

This course will provide you with an awareness of the main drug related harms and understand the principles of harm reduction.

### Overview

This online training aims to increase knowledge and awareness of the key issues relating to alcohol use in Scotland. Participants will have the opportunity to consider harm reduction and support strategies.

### Learning Outcomes

By the end of the session participants will be able to:

- Define the principles of harm reduction and understand the background.
- Recall a range of harms caused by substance use and describe harms from specific substances.
- Identify sources of support to reduce drug related harm and be able to signpost people who use your service.

**Date: 23rd January 2025**

**Time: 9:15am - 1:30pm**

### **TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS**

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### Booking Information:

To book a place please follow this link: [Principles of Harm Reduction](#). You may have to Create an Account if you don't already have one.

Please email: [Mariem@sdf.org.uk](mailto:Mariem@sdf.org.uk) if you have any general queries about this event.

Please make sure you can attend if you book a place. Courses are very popular so if you find you are unable to make it then **please let us know as soon as possible** so we can allocate your place to someone on the waiting list.